

Ingredients

Cookies

Ingredient Declaration

Tiff's Treats® Chocolate Chip Cookie	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, milkfat, soy lecithin, artificial flavor), palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Tiff's Treats® Double Chocolate Chip Cookie	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, milkfat, soy lecithin, artificial flavor), palm oil, eggs, cocoa processed with alkali, water, invert sugar, salt, natural flavor, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Tiff's Treats® Oatmeal Chocolate Chip Cookie	Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, milkfat, soy lecithin, artificial flavor), palm oil, oats, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Tiff's Treats® Chocolate Chip Pecan Cookie	Sugar, semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), pecans, eggs, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter [cream (milk), salt], palm oil, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Pecans MAY CONTAIN: Tree Nuts (Including Almonds, and Walnuts) and Peanuts
Tiff's Treats® Peanut Butter Cookie	Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), peanut butter (peanuts, dextrose, hydrogenated rapeseed and cottonseed oil, salt), enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), eggs, butter [cream (milk), salt], palm oil, peanut butter chips (sugar, palm kernel and palm oil, partially defatted peanut flour, nonfat dry milk solids, peanuts, anhydrous dextrose, soy lecithin (an emulsifier), and salt), water, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Peanut Butter Chocolate Chip Cookie	Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), peanut butter (peanuts, dextrose, hydrogenated rapeseed and cottonseed oil, salt), enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), eggs, butter [cream (milk), salt], palm oil, water, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts)
Tiff's Treats® Sugar/Snickerdoodle Cookie	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Tiff's Treats® Sugar Cookie with M&M's®	Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, m&m's® candies (milk chocolate [sugar, chocolate, skim milk, cocoa butter, lactose, milkfat, soy lecithin, salt, artificial and natural flavors], sugar, less than 2% - coloring [includes blue 1 lake, red 40, yellow 6, yellow 5, blue 1, red 40 lake, yellow 6 lake, yellow 5 lake, blue 2 lake, blue 2], corn syrup, dextrin, cornstarch, carnauba wax), palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Tiff's Treats® Oatmeal Raisin Cookie	Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), palm oil, oats, raisins, eggs, salt, artificial and natural flavors (milk), molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Tiff's Treats® White Chip Almond Cookie	Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), white chocolate chips (sugar, palm kernel oil, whole milk powder, nonfat dry milk, palm oil, soy lecithin, vanilla), eggs, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter [cream (milk), salt], palm oil, almonds, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artificial flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Almonds MAY CONTAIN: Tree Nuts (Including Pecans, and Walnuts) and Peanuts

Brownies/Bars

Classic Chocolate	Semi-sweet chocolate chips (sugar, chocolate, chocolate liquor, cocoa butter, milk fat soy lecithin, vanilla, natural flavor, milk), sugar, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter (cream, salt), eggs, natural and artificial flavor, salt. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) and Peanuts
Salted Caramel Blondie	Flour (wheat flour, malted barley flour, niacin, Iron, thiamin mononitrate, riboflavin, folic acid), brown sugar, butter cream, salt, contains milk, white chocolate chips (sugar, palm kernel oil, whole milk powder, nonfat dry milk, palm oil, pcr negative soy lecithin- an emulsifier, vanilla) ,walnuts, mini caramel chips sugar, palm kernel and palm oil, whole milk powder (milk, dextrose) nonfat dairy milk, natural flavors, soy lecithin (emulsifier), cocoa, salt, vanilla extract, sugar, liquid eggs (whole eggs, citric acid, 0.15% water added as carrier for citric acid. Citric acid added to preserve color), heath bits sugar, vegetable oil (palm oil, sunflower oil) dairy butter (milk) almonds, contains 2% or less of salt, lecithin (soy), chocolate, vanilla (water) propylene glycol alcohol sugar glycerine vanilla & other artificial flavors carmel color, vanilla bean extractives), salt (salt, dextrose, potassium iodide 0.006%, sodium bicarbonate yellow prussiate of soda), baking powder sodium bicarbonate, cornstarch, sodium aluminum sulfate, monocalcium phosphate. CONTAINS: Egg, Wheat, Milk, Soy, and Walnuts MAY CONTAIN: Almonds, Pecans, and Peanuts
Peanut Butter Chocolate Bar	Flour (wheat flour, malted barley flour, niacin, Iron, thiamin mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (semi-sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin, vanillin, artificial flavor, milk), shortening (palm oil) peanut butter (peanuts, dextrose, hydrogenated vegetable oil (rapeseed, cottonseed and soybean) liquid eggs (whole eggs, citric acid, 0.15% water added as carrier for citric acid. Citric acid added to preserve color), brown sugar, milk, salt (salt, dextrose, potassium iodide 0.006%, sodium bicarbonate yellow prussiate of soda), vanilla (water propylene glycol alcohol sugar glycerin vanilla & other artificial flavors caramel color, vanilla bean extractives), butter flavoring, baking soda (sodium bicarbonate, sodium silicoaluminate (anti-caking agent) hershey chocolate bar, milk chocolate [sugar; milk; chocolate; cocoa butter; milk fat lecithin (soy); pgpr; natural flavor. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Almonds, Pecans, and Walnuts

Ingredients (continued)

Truffles

Chocolate Chip Cookie

Enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamine, riboflavin, folic acid), sugar, dark chocolate (sugar, palm kernel and partially hydrogenated palm oils, cocoa (processed with potassium carbonate), nonfat milk, sorbitan monostearate and soy lecithin emulsifiers, pure vanilla), toffee bits, palm oil, butter (cream, natural flavor), eggs, semi-sweet chocolate chips, less than 2% of: (sugar, dextrin, starch, titanium dioxide, fd&c colors (red #40, yellow #5, blue #5, yellow #6, red #3) carnauba wax, confectioners glaze), salt, vanilla extract, molasses, vegetable oil, natural and artificial flavors, baking soda. CONTAINS: Egg, Wheat, Milk, Soy and Almonds MAY CONTAIN: Pecans, Walnuts, and Peanuts

Tiffblitz

Ice cream: (milk, cream, sugar, skim milk, high fructose corn syrup, corn syrup, natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt, annatto color.) Chocolate chip cookies: flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), semi sweet chocolate chips (semi sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin, vanillin, artificial flavor, milk), sugar, shortening (soybean oil, fully hydrogenated palm oil, partially hydrogenated palm and soybean oils, mono and diglycerides, natural and artificial flavor, tbhq and citric acid (antioxidants), beta carotene (pro vitamin a) added for color), liquid eggs (whole eggs, citric acid, 0.15% water added as carrier for citric acid. Citric acid added to preserve color), brown sugar, salt (salt, dextrose, potassium iodide 0.006%, sodium bicarbonate yellow prussiate of soda), vanilla (water propylene glycol, alcohol, sugar, glycerine vanilla & other artificial flavors, caramel color, vanilla bean extractives), baking soda (sodium bicarbonate, sodium silicoaluminate (anti-caking agent) brownies: sugar, semi sweet chocolate chips (semi sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin, vanillin, artificial flavor, milk), flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), butter (cream, salt. Contains: milk.) Liquid eggs (whole eggs, citric acid, 0.15% water added as carrier for citric acid. Citric acid added to preserve color.) Vanilla (water propylene glycol alcohol sugar glycerine vanilla & other artificial flavors caramel color, vanilla bean extractives) salt (salt, dextrose, potassium iodide 0.006%, sodium bicarbonate yellow prussiate of soda.) CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts

Frost 'ems

Vanilla Buttercream

Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60) butter (cream, natural flavor), water, less than 2% of: artificial extract, food coloring (titanium dioxide, glycerin and water) CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts

Strawberry

Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60), butter (cream, natural flavor), water, less than 2% of: freeze dried strawberry powder, artificial extract, strawberry extract, natural. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts

Chocolate

Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60), butter (cream, natural flavor), water, dutch cocoa powder, less than 2% of: artificial extract, chocolate extract. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts

Take & Bake

Chocolate Chip

Wheat flour, sugar, semi-sweet chocolate chips (sugar, chocolate liquor cocoa butter, milkfat, soy lecithin, artificial flavor), palm oil, eggs, contains less than 2%: salt, natural and artificial flavor, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts

Snickerdoodle

Wheat flour, sugar, eggs, butter (cream [milk], salt), palm oil, salt, artificial and natural flavor, molasses, baking soda. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts

Ice Cream

Vanilla Pint/Scoop/Tiffwich®

Milk, cream, sugar, skim milk, high fructose corn syrup, natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt, annatto color. CONTAINS: Milk

Cookies 'n Cream

Milk, cream, sugar, skim milk, chocolate crème filled cookies [sugar, wheat flour, palm oil, cocoa (processed with alkali), high fructose corn syrup, soy lecithin, natural and artificial flavor, salt, baking soda], high fructose corn syrup, corn syrup, natural and artificial flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), annatto color. CONTAINS: Wheat, Milk, and Soy

Chocolate

Milk, cream, skim milk, sugar, high fructose corn syrup, cocoa (processed with alkali), cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt. CONTAINS: Milk

Mint Chocolate Chip

Milk, cream, skim milk, sugar, high fructose corn syrup, vegetable fat (coconut and/or palm kernel), corn syrup, cocoa (processed with alkali), contains 2% or less of butter oil, artificial color (includes yellow 5, blue 1), cellulose gum, vegetable gums (guar, carrageenan, carob bean), soy lecithin, PGPR (emulsifier), vanilla extract, annatto color, peppermint oil. CONTAINS: Milk and Soy

Nutrition Info

	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Allergens
Cookies, Brownies & Bars												
Brownies [whole square]***	426	185	21	12.5	0.4	67	183	61	3	45.5	5	EGG, WHEAT, MILK, AND SOY
Brownie [1/2 square]***	213	92.5	10.5	6.25	0.2	33.5	91.5	30.5	1.5	22.75	2.5	EGG, WHEAT, MILK, AND SOY
Salted Caramel Blondie Bar***	490	200	23	11	0	40	760	67	2	45	5	EGG, WHEAT, MILK, SOY, AND WALNUTS
Peanut Butter Chocolate Bar***	1110	380	43	24	0	35	410	85	6	67	13	EGG, WHEAT, MILK, SOY, AND PEANUTS
Chocolate Chip***	190	--	9	4.5	0	15	190	25	1	15	2	EGG, WHEAT, MILK, AND SOY
Chocolate Chip Pecan***	190	--	11	4.5	0	20	140	24	1	15	2	EGG, WHEAT, MILK, SOY, AND PECANS
Sugar Cookie with M&Ms***	180	--	8	4	0	15	190	24	1	15	2	EGG, WHEAT, MILK, AND SOY
Oatmeal Raisin***	170	--	7	3.5	0	20	200	26	1	15	2	EGG, WHEAT, MILK, AND SOY
Oatmeal Chocolate Chip***	190	--	9	4.5	0	15	180	25	1	15	2	EGG, WHEAT, MILK, AND SOY
Peanut Butter***	190	--	10	4.5	0	20	220	21	1	12	3	EGG, WHEAT, MILK, SOY, AND PEANUTS
Peanut Butter Chocolate Chip***	190	--	10	4.5	0	20	200	22	1	13	3	EGG, WHEAT, MILK, SOY, AND PEANUTS
Sugar***	170	--	8	4	0	15	220	23	0	12	2	EGG, WHEAT, AND MILK
Snickerdoodle***	170	--	8	4	0	15	220	23	0	12	2	EGG, WHEAT, AND MILK
White Chip Almond***	190	--	9	5	0	25	170	23	0	14	3	EGG, WHEAT, MILK, SOY, AND ALMONDS
Double Chocolate Chip***	180	--	10	5	0	15	170	24	1	15	2	EGG, WHEAT, MILK, AND SOY

Milk												
1% White	110	--	2.5	1.5	0	10	125	13	0	12	8	MILK
Chocolate	160	--	2.5	1.5	0	10	220	27	0	25	8	MILK

Sodas												
Coke®	240	0	0	0	0	0	75	65	0	65	0	
Diet Coke®	0	0	0	0	0	0	70	0	0	0	0	
Dr. Pepper®	250	0	0	0	0	0	100	66	0	64	0	
Water	0	0	0	0	0	0	0	0	0	0	0	

Starbucks® Drinks												
Doubleshot® Espresso & Cream	140	50	6	3.5	0	20	70	18	0	17	4	*See packaging for allergen info
Mocha	180	30	3	2	0	15	95	33	0	31	6	*See packaging for allergen info
Vanilla	200	30	3	2	0	15	100	37	0	31	6	*See packaging for allergen info

Ice Cream												
Chocolate Pint	600	320	32	20	0	140	200	64	<1g	60	12	*See packaging for allergen info
Cookies 'n Cream Pint	720	320	36	20	0	120	340	80	0	64	12	*See packaging for allergen info
Mint Chocolate Pint	720	360	40	24	0	120	200	76	0	68	16	*See packaging for allergen info
Vanilla Pint	640	280	32	20	0	120	260	72	0	68	16	*See packaging for allergen info
Vanilla Scoop	160	70	8	5	0	35	65	18	0	18	4	*See packaging for allergen info
Tiffblitz®	470	210	24	13	0	70	350	61	1	41	7	WHEAT, MILK, SOY, EGG, TREE NUTS AND/OR PEANUTS
Tiffwich® Ice Cream Scoop	130	60	7	4	0	25	55	15	0	15	3	MILK

Frost 'ems												
Vanilla Buttercream***	370	--	22	11	0	15	0	44	0	43	0	MILK***
Strawberry***	370	--	21	11	0	15	0	45	0	43	0	MILK***
Chocolate***	360	--	21	10	0	15	10	44	1	40	1	MILK***

Take & Bake												
Chocolate Chip***	190	--	9	5	0	15	190	25	1	15	2	WHEAT, MILK, SOY, EGG
Snickerdoodle***	180	--	8	4.5	0	30	270	25	0	13	2	WHEAT, MILK, EGG

Truffles												
Chocolate Chip Cookie***	240	--	14	9	0	10	190	28	<1	19	2	WHEAT, MILK, SOY, EGG, ALMOND

Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs. The nutritional information provided is based on Tiff's Treats standard product formulation. All nutritional information is rounded according to the FDA's regulations. **Allergens listed are contained within ingredients in that formulation. However, all products are produced on shared equipment and may be subject to cross-contact with other allergens during the production process. All items are prepared in a common kitchen on shared equipment and cannot be guaranteed to not come in contact with any of the listed allergens. Tiff's Treats DOES NOT recommend our cookies be consumed by anyone with an allergy to any of the listed allergens. ***Produced in a facility that has Wheat, Milk, Soy, Eggs, Peanuts and/or Tree Nuts.