

# Ingredients

## Cookies

|  |   |
|--|---|
| Tiff's Treats® Chocolate Chip Cookie               | Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)   |
| Tiff's Treats® Double Chocolate Chip Cookie        | Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, eggs, cocoa processed with alkali, invert sugar, salt, natural flavor, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)   |
| Tiff's Treats® Oatmeal Chocolate Chip Cookie       | Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), semi-sweet chocolate (chocolate liquor, sugar, milkfat, soy lecithin, natural flavor), palm oil, oats, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)  |
| Tiff's Treats® Chocolate Chip Pecan Cookie         | Sugar, semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), pecans, eggs, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter [cream (milk), salt], palm oil, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artifical flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Pecans MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)  |
| Tiff's Treats® Peanut Butter Cookie                | Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), peanut butter (peanuts, dextrose, hydrogenated rapeseed and cottonseed oil, salt), enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), eggs, butter [cream (milk), salt], palm oil, peanut butter chips (sugar, palm kernel and palm oil, partially defatted peanut flour, nonfat dry milk solids, peanuts, anhydrous dextrose, soy lecthin (an emulsifier), and salt), water, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artifical flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts) |
| Tiff's Treats® Peanut Butter Chocolate Chip Cookie | Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), peanut butter (peanuts, dextrose, hydrogenated rapeseed and cottonseed oil, salt), enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), eggs, butter [cream (milk), salt], palm oil, water, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artifical flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Tree Nuts (Including Almonds, Pecans, and Walnuts)   |
| Tiff's Treats® Sugar/Snickerdoodle Cookie          | Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)  |
| Tiff's Treats® Sugar Cookie with M&M's®            | Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, m&m's® candies (milk chocolate [sugar, chocolate, skim milk, cocoa butter, lactose, milkfat, soy lecithin, salt, artificial and natural flavors], sugar, less than 2% - coloring [includes blue 1 lake, red 40, yellow 6, yellow 5, blue 1, red 40 lake, yellow 6 lake, yellow 5 lake, blue 2 lake, blue 2], corn syrup, dextrin, cornstarch, carnauba wax), palm oil, eggs, artificial and natural flavors (milk), salt, molasses, baking soda. M&M's® is a registered trademark of Mars, Incorporated and/ or its affiliates. Mars, Incorporated and its affiliates have no affiliation with and have no participation in the production or distribution of this product. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)   |
| Tiff's Treats® Oatmeal Raisin Cookie               | Sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), palm oil, oats, raisins, eggs, salt, artificial and natural flavors (milk), molasses, baking soda. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Peanuts or Tree Nuts (Including Almonds, Pecans, and Walnuts)   |
| Tiff's Treats® White Chip Almond Cookie            | Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin monoitrate, riboflavin, folic acid), white chocolate chips (sugar, palm kernel oil, whole milk powder, nonfat dry milk, palm oil, soy lecithin, vanilla), eggs, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamin monoitrate, riboflavin, folic acid), butter [cream (milk), salt], palm oil, ailmonds, contains less than 2% of: natural and artificial flavors (water, propylene glycol, alcohol (12% abv), sugar, glycerin, vanillin and other artifical flavors, caramel color and other natural flavors including vanilla bean extra), salt, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, Soy, and Almonds MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)  |

# Ingredients (continued)

## Brownies/Bars

|                             |  |
|-----------------------------|--|
| Classic Chocolate           | Semi-sweet chocolate chips (sugar, chocolate, chocolate liquor, cocoa butter, milk fat soy lecithin, vanilla, natural flavor, milk), sugar, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter (cream, salt), eggs, natural and artificial flavor, salt. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)  |
| Salted Caramel Blondie      | Toffee [sugar, vegetable oil (palm oil, sunflower oil), dairy butter (milk), almonds, salt, soy lecithin, chocolate], enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), brown sugar (sugar, cane syrups), sugar, white compound chips (sugar, palm kernel oil, whole milk powder, nonfat dry milk, palm oil, soy lecithin, vanilla extract), butter (cream, salt), eggs, walnuts, palm kernel and palm oil, corn starch, salt, natural and artificial flavors (sugar, vanillin, caramel color), Whey, whole milk, baking powder (sodium acid pyrophosphate, corn starch, sodium bicarbonate, mono calcium phosphate), fruit and vegetable juice for color (apple, carrot, hibiscus), sunflower lecithin, vanilla, annatto (color). CONTAINS: Egg, Wheat, Milk, Soy, and Treenuts (Almonds, Walnuts) MAY CONTAIN: Pecans and Peanuts   |
| Peanut Butter Chocolate Bar | Flour (wheat flour, malted barley flour, niacin. Iron, thiamin mononitrate, riboflavin, folic acid),sugar, semi-sweet chocolate chips (semi-sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin, vanillain, artificial flavor, milk), shortening (palm oil) peanut butter (peanuts, dextrose, hydrogenated vegetable oil(rapeseed, cottonseed and soybean) liquid eggs (whole eggs, citric acid, 0.15% water added as carrier for citric acid. Citric acid added to preserve color), brown sugar, milk, salt (salt, dextrose, potassium iodide 0.006%, sodium bicarbonate yellow prussiate of soda), vanilla (water propylene glycol alcohol sugar glycerin vanilla & other artificial flavors caramel color, vanilla bean extractives), butter flavoring, baking soda (sodium bicarbonate, sodium silicoaluminate (anti-caking agent) hershey chocolate bar, milk chocolate [sugar; milk; chocolate; cocoa butter;milk fat lecithin (soy); pgpr; natural flavor. CONTAINS: Egg, Wheat, Milk, Soy, and Peanuts MAY CONTAIN: Almonds, Pecans, and Walnuts |

## Truffles

|                       |  |
|-----------------------|--|
| Chocolate Chip Cookie | Dark chocolate coating wafers (sugar, palm kernel and palm oils, cocoa (processed with potassium carbonate), nonfat milk, sunflower lecithin and vanilla), heat-treated wheat flour, sugar, toffee bits (sugar, vegetable oil [palm oil, sunflower oil] , dairy butter (milk), almonds, contains 2% or less of: salt, lecithin, (soy), chocolate), butter (cream, natural flavor), semi-sweet chocolate (sugar, chocolate, cocoa butter, milk fat, soy lecithin; vanillin, artificial flavor, milk), palm oil, brown sugar, nonpareils (sugar, dextrin, starch, titanium dioxide, FD&C colors (Red #40, Yellow #5, Blue #5, Yellow #6, Red #3) and carnauba wax), salt, water, vanilla flavor. CONTAINS: Wheat, Milk, Soy, and Almonds MAY CONTAIN: Pecans, Walnuts, and Peanuts |
|-----------------------|--|

## Frost ‘ems’

|                     |   |
|---------------------|---|
| Vanilla Buttercream | Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and poly 60), butter (cream, natural flavor), water, less than 2% of: vanilla extract. CONTAINS: Milk MAY CONTAIN: Egg, Wheat, Soy, Peanuts, and Tree Nuts (Including Almonds, Pecans, and Walnuts)  |
| Strawberry          | Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60), butter (cream, natural flavor), water, less than 2% of: freeze dried strawberry powder, artificial extract, strawberry extract, natural. CONTAINS: Milk MAY CONTAIN: Egg, Wheat, Soy, Almonds, Pecans, Walnuts, and Peanuts |
| Chocolate           | Powdered sugar, vegetable shortening (palm oil, canola oil, mono & di glycerides and polysorbate 60), butter (cream, natural flavor), water, dutch cocoa powder, less than 2% of: artificial extract, chocolate extract. CONTAINS: Milk and Soy MAY CONTAIN: Egg, Wheat, Almonds, Pecans, Walnuts, and Peanuts                    |

## Take & Bake

|                |  |
|----------------|--|
| Chocolate Chip | Wheat flour, sugar, semi-sweet chocolate chips (sugar, chocolate liquor cocoa butter, milkfat, soy lecithin, artificial flavor), palm oil, eggs, contains less than 2%: salt, natural and artificial flavor, molasses, baking soda. CONTAINS: Egg, Wheat, Milk, and Soy MAY CONTAIN: Almonds, Pecans, Walnuts, and Peanuts |
| Snickerdoodle  | Wheat flour, sugar, eggs, butter (cream [milk], salt), palm oil, salt, artificial and natural flavor, molasses, baking soda, cinnamon. CONTAINS: Egg, Wheat, and Milk MAY CONTAIN: Peanuts and Tree Nuts (Including Almonds, Pecans, and Walnuts)  |

## Ice Cream

|                              |  |
|------------------------------|--|
| Vanilla Pint/Scoop/Tiffwich® | Milk, cream, sugar, skim milk, high fructose corn syrup, natural and artificial vanilla flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt, annatto color. CONTAINS: Milk   |
| Cookies ’n Cream             | Milk, cream, sugar, skim milk, chocolate crème filled cookies [sugar, wheat flour, palm oil, cocoa (processed with alkali), high fructose corn syrup, soy lecithin, natural and artificial flavor, salt, baking soda], high fructose corn syrup, corn syrup, natural and artificial flavor, cellulose gum, vegetable gums (guar, carrageenan, carob bean), annatto color. CONTAINS: Wheat, Milk, and Soy |
| Chocolate                    | Milk, cream, skim milk, sugar, high fructose corn syrup, cocoa (processed with alkali), cellulose gum, vegetable gums (guar, carrageenan, carob bean), salt. CONTAINS: Milk  |
| Mint Chocolate Chip          | Milk, cream, skim milk, sugar, high fructose corn syrup, vegetable fat (coconut and/or palm kernel), corn syrup, cocoa (processed with alkali), contains 2% or less of butter oil, artificial color (includes yellow 5, blue 1), cellulose gum, vegetable gums (guar, carrageenan, carob bean), soy lecithin, PGPR (emulsifier), vanilla extract, annatto color, peppermint oil. CONTAINS: Milk and Soy  |

# Nutrition Info

| Cookies, Brownies & Bars        | Total<br>Calories | Calories<br>from Fat | Total Fat<br>(g) | Saturated<br>Fat (g) | Trans Fat<br>(g) | Cholesterol<br>(mg) | Sodium<br>(mg) | Total Car-<br>bohydrate<br>(g) | Dietary<br>Fiber<br>(g) | Sugars<br>(g) | Protein<br>(g) | Allergens                           |
|---------------------------------|-------------------|----------------------|------------------|----------------------|------------------|---------------------|----------------|--------------------------------|-------------------------|---------------|----------------|-------------------------------------|
| Brownies [whole square]***      | 426               | 185                  | 21               | 12.5                 | 0.4              | 67                  | 183            | 61                             | 3                       | 45.5          | 5              | EGG, WHEAT, MILK, AND SOY           |
| Brownie [1/2 square]***         | 213               | 92.5                 | 10.5             | 6.25                 | 0.2              | 33.5                | 91.5           | 30.5                           | 1.5                     | 22.75         | 2.5            | EGG, WHEAT, MILK, AND SOY           |
| Salted Caramel Blondie Bar***   | 463               | 203                  | 23               | 12                   | 0                | 41                  | 414            | 63                             | 1                       | 44            | 4              | EGG, WHEAT, MILK, SOY, AND TREENUTS |
| Peanut Butter Chocolate Bar***  | 1110              | 380                  | 43               | 24                   | 0                | 35                  | 410            | 85                             | 6                       | 67            | 13             | EGG, WHEAT, MILK, SOY, AND PEANUTS  |
| Chocolate Chip***               | 190               | --                   | 10               | 5                    | 0                | 15                  | 190            | 25                             | 1                       | 14            | 2              | EGG, WHEAT, MILK, AND SOY           |
| Chocolate Chip Pecan***         | 190               | --                   | 11               | 4.5                  | 0                | 20                  | 140            | 24                             | 1                       | 15            | 2              | EGG, WHEAT, MILK, SOY, AND PECANS   |
| Sugar Cookie with M&Ms***       | 180               | --                   | 8                | 4                    | 0                | 15                  | 190            | 24                             | 1                       | 15            | 2              | EGG, WHEAT, MILK, AND SOY           |
| Oatmeal Raisin***               | 170               | --                   | 7                | 3.5                  | 0                | 20                  | 200            | 26                             | 1                       | 15            | 2              | EGG, WHEAT, AND MILK                |
| Oatmeal Chocolate Chip***       | 190               | --                   | 9                | 4.5                  | 0                | 15                  | 180            | 25                             | 1                       | 13            | 3              | EGG, WHEAT, MILK, AND SOY           |
| Peanut Butter***                | 190               | --                   | 10               | 4.5                  | 0                | 20                  | 220            | 21                             | 1                       | 12            | 3              | EGG, WHEAT, MILK, SOY, AND PEANUTS  |
| Peanut Butter Chocolate Chip*** | 190               | --                   | 10               | 4.5                  | 0                | 20                  | 200            | 22                             | 1                       | 13            | 3              | EGG, WHEAT, MILK, SOY, AND PEANUTS  |
| Sugar***                        | 170               | --                   | 8                | 4                    | 0                | 15                  | 220            | 23                             | 0                       | 12            | 2              | EGG, WHEAT, AND MILK                |
| Snickerdoodle***                | 170               | --                   | 8                | 4                    | 0                | 15                  | 220            | 23                             | 0                       | 12            | 2              | EGG, WHEAT, AND MILK                |
| White Chip Almond***            | 190               | --                   | 9                | 5                    | 0                | 25                  | 170            | 23                             | 0                       | 14            | 3              | EGG, WHEAT, MILK, SOY, AND ALMONDS  |
| Double Chocolate Chip***        | 190               | --                   | 10               | 5                    | 0                | 15                  | 170            | 25                             | 1                       | 15            | 2              | EGG, WHEAT, MILK, AND SOY           |

| Milk      |     |    |     |     |   |    |     |    |   |    |   |      |
|-----------|-----|----|-----|-----|---|----|-----|----|---|----|---|------|
| 1% White  | 110 | -- | 2.5 | 1.5 | 0 | 10 | 125 | 13 | 0 | 12 | 8 | MILK |
| Chocolate | 160 | -- | 2.5 | 1.5 | 0 | 10 | 220 | 27 | 0 | 25 | 8 | MILK |

| Sodas      |     |   |   |   |   |   |    |    |   |    |   |  |
|------------|-----|---|---|---|---|---|----|----|---|----|---|--|
| Coke*      | 240 | 0 | 0 | 0 | 0 | 0 | 75 | 65 | 0 | 65 | 0 |  |
| Diet Coke* | 0   | 0 | 0 | 0 | 0 | 0 | 70 | 0  | 0 | 0  | 0 |  |
| Water      | 0   | 0 | 0 | 0 | 0 | 0 | 0  | 0  | 0 | 0  | 0 |  |

| Starbucks' Frappuccino' |     |    |   |   |   |    |     |    |   |    |   |                                  |
|-------------------------|-----|----|---|---|---|----|-----|----|---|----|---|----------------------------------|
| Mocha                   | 180 | 30 | 3 | 2 | 0 | 15 | 95  | 33 | 0 | 31 | 6 | *See packaging for allergen info |
| Vanilla                 | 200 | 30 | 3 | 2 | 0 | 15 | 100 | 37 | 0 | 31 | 6 | *See packaging for allergen info |

| Ice Cream                 |     |     |    |    |   |     |     |    |     |    |    |                                  |
|---------------------------|-----|-----|----|----|---|-----|-----|----|-----|----|----|----------------------------------|
| Chocolate Pint            | 600 | 320 | 32 | 20 | 0 | 140 | 200 | 64 | <1g | 60 | 12 | *See packaging for allergen info |
| Cookies 'n Cream Pint     | 720 | 320 | 36 | 20 | 0 | 120 | 340 | 80 | 0   | 64 | 12 | *See packaging for allergen info |
| Mint Chocolate Pint       | 720 | 360 | 40 | 24 | 0 | 120 | 200 | 76 | 0   | 68 | 16 | *See packaging for allergen info |
| Vanilla Pint              | 640 | 280 | 32 | 20 | 0 | 120 | 260 | 72 | 0   | 68 | 16 | *See packaging for allergen info |
| Vanilla Scoop             | 160 | 70  | 8  | 5  | 0 | 35  | 65  | 18 | 0   | 18 | 4  | *See packaging for allergen info |
| Tiffwich' Ice Cream Scoop | 130 | 60  | 7  | 4  | 0 | 25  | 55  | 15 | 0   | 15 | 3  | MILK                             |

| Frost 'ems'            |     |    |    |    |   |    |    |    |   |    |   |         |
|------------------------|-----|----|----|----|---|----|----|----|---|----|---|---------|
| Vanilla Buttercream*** | 370 | -- | 22 | 11 | 0 | 15 | 0  | 44 | 0 | 43 | 0 | MILK*** |
| Strawberry***          | 370 | -- | 21 | 11 | 0 | 15 | 0  | 45 | 0 | 43 | 0 | MILK*** |
| Chocolate***           | 360 | -- | 21 | 10 | 0 | 15 | 10 | 44 | 1 | 40 | 1 | MILK*** |

| Take & Bake       |     |    |   |     |   |    |     |    |   |    |   |                       |
|-------------------|-----|----|---|-----|---|----|-----|----|---|----|---|-----------------------|
| Chocolate Chip*** | 190 | -- | 9 | 5   | 0 | 15 | 190 | 25 | 1 | 15 | 2 | WHEAT, MILK, SOY, EGG |
| Snickerdoodle***  | 180 | -- | 8 | 4.5 | 0 | 30 | 270 | 25 | 0 | 13 | 2 | WHEAT, MILK, EGG      |

| Truffles                 |     |    |    |    |   |    |     |    |    |    |   |                          |
|--------------------------|-----|----|----|----|---|----|-----|----|----|----|---|--------------------------|
| Chocolate Chip Cookie*** | 270 | -- | 15 | 10 | 0 | 10 | 180 | 34 | <1 | 24 | 2 | WHEAT, MILK, SOY, ALMOND |

Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs. The nutritional information provided is based on Tiff's Treats standard product formulation. All nutritional information is rounded according to the FDA's regulations. \*\*Allergens listed are contained within ingredients in that formulation. However, all products are produced on shared equipment and may be subject to cross-contact with other allergens during the production process. All items are prepared in a common kitchen on shared equipment and cannot be guaranteed to not come in contact with any of the listed allergens. Tiff's Treats DOES NOT recommend our cookies be consumed by anyone with an allergy to any of the listed allergens. \*\*\*Produced in a facility that has Wheat, Milk, Soy, Eggs, Peanuts and/or Tree Nuts.

